PROGRAM HIGHLIGHTS

A unique feature of this program is the hands-on practice of the skills learned in each session. Students will work to set weekly accountability goals allowing them to track and demonstrate their progress throughout the program.

Cost

The total cost of the program is \$1200. Receipts will be provided weekly in \$200 increments (for 6 weeks), which may be claimed under psychological services through insurance plans.





- www.acornpsychology.ca
- (🗹) info@acornpsychology.ca
- **& 866-603-4870**
 - acornpsych.ca





FUNCTIONING

Program

Individual Coaching or Small Groups



WHAT?

This program is specifically tailored to students with ADHD, learning disorders, or challenges related to executive functioning. It is designed to enhance their ability to manage and organize daily activities and responsibilities. Students will identify their personal strengths and areas for improvement, and then develop strategies to enhance organization, time management, prioritization, and focus. The sessions will also cover essential skills such as note-taking, study techniques, and test-taking strategies.



MHY?

Schools often fall short in teaching executive functioning skills, which leaves many bright students struggling with school despite their potential. Our program directly addresses these critical skills and equips these students with the tools they need to succeed.

WHERE

The program will be offered online or in-person at our Acorn Psychology office located at:

Suite 120, 4954 Richard Road SW, Calgary, AB T2J 0N3

MHENS

The program consists of 6 sessions, with meetings once a week taking place after school or in the early evenings.

Groups run continuously during the year and are scheduled once enough students of a similar age have registered.

Encourages Lifelong Learning and Adaptability



WHO?

Students will be placed in small groups (2 - 3 per group) based on their age.



- 1. Visit our website for more information.
 - 2.Contact Acorn Psychology.
- 3. Scan below to register



UPCOMING PRESENTATIONS & EVENTS

AT ACORN PSYCHOLOGY

OCT 2

What is PDA? 7:00-8:00pm Online

OCT 27

Experience Dyslexia 6:30-8:30pm In person at 755 Lake Bonavista Dr SE, Unit 246 (CTI offices)

NOV3

The Importance of Early Literacy 6:30-7:30pm Online

NOV 5

Supporting Gifted Kids 6:30-7:30pm Online

For more details and updates about these events, please visit our website or follow us on social media www.acornpsychology

