

Community Education Service



Improving emotional health and well being

Online Safety

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Closer to Home Community Services

Technology can be an outlet where youth are able to connect with peers and express themselves online. However, one can be exposed to negative experiences while using the internet. This presentation will provide an overview on some of the pitfalls of the online experience and give strategies to ensure safe and mindful consumption.

November 20, 2023
12:00 PM- 1:30 PM

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Free online event



Closer to Home
COMMUNITY SERVICES

This session is presented by the Community Education Service of the Mental Health Collaborative, Child & Adolescent Addiction & Mental Health and Psychiatry Program (CAAMHPP) of Alberta Health Services in partnership with
Closer to Home Community Services

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<https://community.hmhc.ca/sessions/files/2023-10-18-15-46-14-Nov-20-Online-Safety.pdf>

"Go, Tigers!"